

LESSON PLAN: PROFESSIONAL DEVELOPMENT AND APPLIED ETHICS (MULTIDISCIPLINARY ELECTIVE)

Week 1

Lecture 1: Concept, Scope, and Determinants of Personality

Lecture 2: The Concept of Success and Failure

Week 2

Lecture 1: Hurdles in Achieving Success

Lecture 2: Overcoming Hurdles

Week 3

Lecture 1: Factors Responsible for Success and Failure

Lecture 2: Time as a Resource

Week 4

Lecture 1: Identifying Time Wasters

Lecture 2: Techniques for Better Time Management

Week 5

Lecture 1: Leadership Development

Lecture 2: Introduction to Stress

Week 6

Lecture 1: Causes and Effects of Stress

Lecture 2: Managing Stress

Week 7

Lecture 1: Resume Building

Lecture 2: The Art of Participating in Group Discussions

Week 8

Lecture 1: Interview - Frequently Asked Questions

Lecture 2: Mock Interview Sessions

Week 9

Lecture 1: Effective Reading/Writing/Listening Skills

Lecture 2: Hard Skills & Soft Skills

Week 10

Lecture 1: Overcoming Stage Fear

Lecture 2: Role of Body Language

Week 11

Lecture 1: Art of Professional Presentation

Lecture 2: Use of Audio & Visuals in Presentations

Week 12

Lecture 1: Social Etiquettes

Lecture 2: Attitude - Concept and Significance

Week 13

Lecture 1: Factors Affecting Attitudes

Lecture 2: Positive Attitude - Advantages

Week 14

Lecture 1: Negative Attitude - Disadvantages

Lecture 2: Ways to Develop Positive Attitude

Week 15

Lecture 1: Differences Between Personalities with Positive and Negative Attitudes

Lecture 2: Concept of Motivation - Significance

Week 16

Lecture 1: Internal and External Motives

Lecture 2: Importance of Self-Motivation