

INSIDE GARMENT INDUSTRY

UNIT I: Garment Export Houses (Weeks 1-3)

- **Week 1:**
 1. Introduction to Garment Export Houses
 2. Flowchart of Garment Production in an Export House
 3. Types of Garment Export Houses
 4. Higher-Level Management: Designations and Responsibilities
 - **Week 2:**
 5. Middle-Level Management: Designations and Responsibilities
 6. Lower-Level Management: Designations and Responsibilities
 7. Role of Management Across Different Levels
 8. Challenges in Managing Export Houses
 - **Week 3:**
 9. Case Studies of Garment Export Houses
 10. Review and Discussion of Unit I
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UNIT II: Garment Industry Formats (Weeks 4-7)

- **Week 4:**
 11. Design Spec Sheet and Purchase Order
 12. Bill of Materials (BOM)
 13. Quality Control Tickets
 14. Cutting Ticket and Labour Worksheet
 - **Week 5:**
 15. Measurement Sheet and Assembly Diagram
 16. Packing List and Cost Sheet
 17. Compliance Checklist
 18. Machine Maintenance Log
 - **Week 6:**
 19. Case Study: Real-Life Examples of Industry Formats
 20. Practice Session: Filling Industry Format Templates
 21. Discussion of Errors and Best Practices
 22. Review and Q&A of Unit II
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UNIT III: Fabric, Trims, and Accessory Selection (Weeks 8-9)

- **Week 7:**
 23. Fabric Selection Process and Criteria
 24. Steps of Fabric Sourcing

- 25. Fabric Ordering and Receiving Procedures
 - 26. Trims and Notions Distribution
 - **Week 8:**
 - 27. Accessories Sourcing Procedure
 - 28. Challenges in Fabric and Accessory Sourcing
 - 29. Case Study: Successful Sourcing Strategies
 - 30. Review and Q&A of Unit III
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UNIT IV: Garment Industry Operations (Weeks 10-13)

- **Week 9:**
 - 31. Assembly Operations of a Full Sleeve Men's Shirt (Part 1)
 - 32. Assembly Operations of a Full Sleeve Men's Shirt (Part 2)
 - 33. Assembly Operations of Men's Trousers (Part 1)
 - 34. Assembly Operations of Men's Trousers (Part 2)
 - **Week 10:**
 - 35. Common Shop Floor Problems in Garment Operations
 - 36. Ergonomics in the Garment Industry (Part 1)
 - 37. Ergonomics in the Garment Industry (Part 2)
 - 38. Practical Exercise: Ergonomics in Action
 - **Week 11:**
 - 39. Best Practices for Efficient Shop Floor Operations
 - 40. Recap and Q&A of Unit IV
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UNIT V: Garment Industry Challenges (Weeks 14-16)

- **Week 12:**
 - 41. Low Efficiency and High Defect Rates
 - 42. Operator Skills Development and Attrition Rates
 - 43. Cost Effectiveness in Garment Manufacturing
 - 44. Machinery Upgradation
- **Week 13:**
 - 45. Challenges of the Fast Fashion Cycle
 - 46. Sustainability in Garment Production
 - 47. Technological Innovations in the Garment Industry
 - 48. Final Review of Unit V
- **Week 14-16:**
 - 49. Case Studies and Industry Analysis
 - 50. Revision and Practice of All Units
 - 51. Final Assessment and Feedback
 - 52. Open Forum for Q&A and Recap of Entire Course

